



SKILLS COMPETITION

June 29th, 3:30pm-5:30pm



Lynn Valley Little League

Each player on the team will compete in one event. 1 player in the Home Run Competition, 4 players in the Base Race, and 8 players in the Throwing Relay.

1. Home Run Competition (1 participant per team) - AAA FIELD

- a. Each team will select one batter to represent their team, for this competition.
- b. A coach from each respective team will pitch to their selected player, and may pitch from the mound or from a level area on the grass directly in the front of the mound
- c. The batter gets 8 outs.
- d. An out is a swing that doesn't result in a home run (a ground ball, fly ball, a swing and a miss are all defined as an out).
- e. A take does not constitute an out
- f. A home run is a ball hit past the home run fence.
- g. The batter's team is responsible for shagging balls in the field when their batter is up
- h. In the event of a tie, the tied batters will begin 3 out single elimination rounds until a winner is determined.

2. Base Race (4 participants per team) - AA FIELD

- a. Dragon Race format - 4 players work as a team to relay race (one at a time) around the bases.
- b. 2 teams race at a time, one starting at home plate, and one starting at 2nd base
- c. The team that drove further gets to choose Home or 2nd base start
- d. Teams are timed independently
- e. Each player will run around and touch each base then pass off a ball to the next runner in their team's relay
- f. The team that rounds the bases with the fastest time is the winner.

3. Throwing Relay (8 participants per team) - GRASS FIELD

- a. Each team will select 8 players to participate
- b. 8 Players per team will be positioned at marked cones distanced from one another.
- c. Teams are timed independently
- d. Players are to throw the ball from the starting position and through each fielder in a consecutive row, and then back through each player to the starting position again.
- e. In the event of an overthrow: players must retrieve the ball in sequence and return to their starting position before continuing (example: Player 1 throws to player 2. Player 2 misses the ball and it rolls towards player 3. Player 2 must run down the ball and return to their starting position prior to throwing ball to player 3).
- f. The team with the fastest time to complete the relay back to the starting position is the winner.



SKILLS COMPETITION

June 29th, 3:30pm-5:30pm



Team Name: _____

Throwing Relay (8 players per team)	
Player Name & Jersey #	
1.	5.
2.	6.
3.	7.
4.	8.

Base Race (4 players per team)	
Player Name & Jersey #	
1.	3.
2.	4.

Home Run Competition (1 player per team)
Player Name & Jersey #
1.

**Each player can only participate in 1 competition (*unless team has less than 13 players on their roster, in which case a player may participate in an additional competition)*